

PLATTERS BREAKFAST + BRUNCH 2017

continental breakfast R530

*30 items

- o freshly baked at our bakery
- o croissant -Lindt chocolate (7cm)
- o apple & walnut danish (5cm)
- o gingerbread muffin (5cm)

croissants R495

*30 items

- o emmenthal and tomato relish (v)
- o scrambled egg and fresh parsley (v)
- o salmon pate and red onion

chunky breakfast bruschetta's R465

*30 items

- o chopped salmon trout & fresh herbs on charred ciabatta with drizzled hollandaise
- o roasted grape & camembert crostini (v)
- o scrambled egg & macon gravel on sour dough

breakfast quiche R525

*36 items

- o charred tomato and fresh basil quiche (v) (5cm)
- o haddock, red onion, parsley and potato quiche (5cm)
- o macon, mushroom and cheddar quiche (5cm)

farm breakfast R440

*30 items

- o breakfast sausage sticks with thyme infused mushrooms & cherry tomatoes
- o cheesy potato balls
- o power breakfast frittata (5cm)

brunch R550

*30 items

- o egg, chive & macon gravel crepe
- o haddock, potato & dill quiche (5cm)
- o emmenthal & pickle relish on mini pretzel rolls

fruit salad R385

de-constructed add -delicious cape fruit salad + full cream Bulgarian yoghurt
Homemade baked granola crunch

flapjack stack R440

*20 items

de-constructed delicious blueberry flapjacks + maple + mascarpone

You CHOOSE BREAKFAST + BRUNCH 2017



	minimum order	per item
○ veggie juice	20	R22
○ smoothies	20	R17
○ breakfast pots –cold	20	R28
○ breakfast ramekins –hot	20	R25
○ summer on a stick	20	R15
○ muffins	24	R13
○ health bars	20	R12
○ danishes	20	R15
○ crumpet stack	20	R12
○ bagels	20	R16
○ croissants	20	R16
○ continental rolls	20	R20
○ frittata	20	R12
○ breakfast quiche	24	R16
○ phyllo breakfast tarts	20	R15
○ hot breakfast on-the-go	20	R16
○ fancy breakfast special	20	R28



breakfast | brunch –product list 2017



veggie juice 175ml

- Fresh pressed fruit shots -apple, celery & lemon
- Fresh pressed fruit shots -beetroot, apple & mint
- Fresh pressed fruit shots -pineapple, carrot & ginger

smoothies 120ml

- Berry & mint smoothie
- Coconut & pineapple
- Mango, strawberry power smoothie
- Power smoothie shot of the day - banana, peanut butter & cinnamon

breakfast pots cold 150g

- Berry pot -fresh berries, berry coulis & thick greek yogurt with toasted almond flakes
- Bircher muesli pot -blueberries, apple & orange blossom honey
- Chia pot -fresh citrus, poached guava, chia & toasted chia seed
- Citrus pot -fresh citrus, zingy puree & thick greek yogurt with honey seed brittle
- Passion pot -pineapple, passion fruit and thick yogurt with toasted coconut
- Season stewed fruit pot -vanilla bean custard, yogurt with poppy seed sprinkle
- Summer pot -seasonal fruit compote with thick greek yogurt & toasted almonds
- Simply divine -pink poached pears & fresh thyme, with nutmeg & brown sugar crumb
- Tropical chia pot -chia seed pudding with season fruit & toasted coconut

summer on a stick 12cm

- Seasonal fruits on a stick

health bars 5cm

- Carob sugar free oat bar
- Chai & sultana crunchie
- Power seed, apricot & green apple bar
- Clusters of honey-sweetened trail mix dipped in a dairy & soy free chocolate 30g
- Date, cranberry and coconut balls 30g

danishes 5cm

- Cinnabon
- Apple & pecan nut danish
- Lindt chocolate danish
- Vanilla bean custard danish
- Cinnamon & sugar doughnut pops (4cm)

crumpet stack 3cm

- Banana flavoured with mascarpone, crispy macon & maple syrup
- Naughty but nice caramel cream crumpet stack with sugar snow
- Nutella & berry crumpet stack with a drizzle of maple syrup
- Savoury cheddar, spring onion & chive crumpets with cream cheese



breakfast | brunch –product list 2017 (contd.)



muffins 4cm | 6cm

- 70% couture chocolate muffin
- Apple & blueberry crumble muffin
- Carrot & pineapple muffin
- Cheese, macon, caramelized onion & thyme muffin
- Lemon & poppy seed muffin
- Raspberry & white chocolate muffin with crumble
- Spinach, pepperdew & feta muffin

croissants 7cm

- Egg & chive croissant (v)
- Egg, macon & cheese croissant
- Lindt chocolate croissant
- Maple glazed macon & camembert croissant

bagels 6cm

- Classic cream cheese & chive bagel (v)
- Ostrich carpaccio, dill pickle & whole grain bagel
- Red pepper pate bagel (v)
- Salmon, peppery leaves & horseradish crème fraiche bagel
- Smoked salmon pate bagel

continental rolls (5cm)

- Beetroot hummus with cucumber ribbons & feta mousse on a brown seeded bun (v)
- Emmenthal, pastrami, rocket, crispy dill pickle mustard mayo on a poppy seed roll
- Salmon, rocket & horseradish crème fraiche on rye
- Smoked chicken & cranberry mayo with peppery leaves on a pretzel roll

breakfast quiche (5cm)

- Grilled sausage & onion marmalade quiche
- Macon, fig, smoked mozzarella & thyme quiche (v)
- Salmon, potato & dill quiche
- Slow roasted mushroom & goats cheese quiche infused with thyme (v)
- Spinach, feta & chive quiche (v)

frittata

- Basil pesto, slow roasted tomato & feta frittata (v)
- Cheddar, field mushroom & caramelised onion frittata (v)
- Phyllo breakfast tarts
- Basil pesto, slow roasted tomato & feta (v)
- Mascarpone, fig & thyme (v)

